

Joy Goddard MRSPH

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Experience

The Jen Group Senior Partner: May 2020 -present

Co-founded and currently lead The Jen Group, collaborating with compassionate professionals to promote skills and equity in health and wellbeing.

- Develop, deliver, and evaluate training and consultancy packages for staff and service users across various sectors. Courses include Suicide First Aid: Understanding Suicide Interventions and Suicide First Aid Lite, MHFA England's training courses plus a range of bespoke training courses.
- Specialise in mental health, suicide prevention, co-production and mindfulness, supervision and management, and equality, diversity, and inclusion.
- Manage all aspects of the business, including engagement, marketing, research and development, administration, subcontracting, financial management, customer relations and project management.
- Bespoke projects include:
 - Emotional resilience and communication through creativity - schools project for West London Zone
 - Wellbeing and team building for Sufra NWL
 - Maternity Equity Conversation – Buckinghamshire, Oxfordshire, Berkshire West
 - Lunch and Learn Stress Management session for Board Intelligence
 - Bespoke Mental Health Aware update for Catalyst Housing
 - Mindfulness training – 'The Science of Mindfulness' Imperial College London
- Associate Trainer for Grassroots Suicide Prevention and NCSPET

Hestia Housing Co-production Coordinator: Oct 2016-April 2021

Based in the London Borough of Brent working with stakeholders to develop programs that increase and promote mental health recovery and wellbeing opportunities, give voice to service user expertise and experience and destigmatise mental health.

A.P.P.L.E. Charity Play & Youth Manager: 1998- 2015

Co-founded and developed a charity for young people A.P.P.L.E. www.apple-play.com

- Created open access play & youth programmes
- Managed external contracts/events/playdays
- Developed training & mentoring programmes
- Designed projects for children and young adults with disabilities & special needs
- Identified, secured and managed grant funding
- HR management/policies & procedures/quality assurance process

Freelance Trainer: 1998-2021

Designing and delivering a range of training packages for people working with children and young people across statutory and voluntary sector. Delivering training for young people.

- Introduction to Playwork Level 1
- Open access play in the community
- AQA certificated courses in: health & safety, event management, food hygiene, gardening, cooking, sports coaching

Quality Assurance Consultant/Training Designer: 1998-2015

- Mentored 11 play sites to successful accreditation
- Designed and delivered QA training for play projects in LB Ealing
- Supported London Play/Play England in the development of QA programmes including re-writing the Quality in Play manual

Event Manager: 1998-2021

- Open access play ranger projects for Groundwork London
- Large playdays for LB Hillingdon, Ealing, Southwark
- Large borough wide events to raise awareness of World Mental Health Day, Mental Health Awareness Week & Suicide Awareness Week
- Young People's Carnival – Thames Festival/Acton Carnival

Education

MHFA England: 2017

- Instructor and Associate Instructor – Adult MHFA, Refresher, Adult Mental Health Aware, 1 Day MHFA, Mental Health Skills for Managers, MHFA for Managers

Living Autism UK: September 2021

- Licenced Training Course / Train the Trainer

Equality & Diversity UK: 2021

- Equality, Diversity and Inclusion – Train the Trainer

National Centre for Suicide Education and Prevention: 2020

- Associate Tutor Training Development Programme (Level 4 City & Guilds)

Mindfulness Now: 2019

- Mindfulness Teacher Training

Public Health Ealing: 2019-2020

- MECC Instructor Training

City & Guilds: 2008

- Level 3 Teaching (7303)

NVQ: 2001

- Level 3 Playwork

O Levels: 1982

- English Literature & Language, Maths, French, Drama, Spanish